

# Grand Rapids Public Schools K-8 - January 2018

**Meal Prices: Student Meals - No Charge, Adult Breakfast/Lunch \$2.50/\$4.00, Milk \$ .50**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**Enjoy your break.  
See you Monday the 8th!**



<p><b>8</b> Cereal Graham Crackers</p> <p>Chicken Nuggets Soft Pretzel Baked Beans Celery w/ Ranch Fresh Apple Ice Cold Milk</p>	<p><b>9</b> French Toast Sticks</p> <p>Hamburger on a Bun Potato Starz Romaine Blend Salad w/ Ranch Diced Peaches Ice Cold Milk</p>	<p><b>10</b> Mini Egg, Sausage &amp; Cheese Slider</p> <p>Apple Cinnamon French Toast Turkey Sausage Link Veggie Juice Fresh Banana Ice Cold Milk</p>	<p><b>11</b> Cinni Minis</p> <p>Teriyaki Dippers Asian Vegetables Cucumbers w/ Ranch Dinner Roll Mandarin Oranges Ice Cold Milk</p>	<p><b>12</b> Turkey Bacon Breakfast Boat</p> <p>Chicken &amp; Cheese Quesadilla Whole Kernel Corn Broccoli w/ Ranch Mixed Fruit Ice Cold Milk</p>
<p><b>15</b></p> 	<p><b>16</b> Mini Strawberry Pancakes</p> <p>Meatloaf Mashed Potatoes w/ Gravy Dinner Roll Celery w/ Ranch Diced Peaches Ice Cold Milk</p>	<p><b>17</b> Cheese Omelette Biscuit</p> <p>Mini Corn Dogs Onion Rings Carrots w/ Ranch Fresh Banana Ice Cold Milk</p>	<p><b>18</b> Mini Maple Waffles</p> <p>Beef Nachos Cheese Sauce, Lettuce &amp; Diced Tomatoes Refried Beans Lemon Berry Sorbet Ice Cold Milk</p>	<p><b>19</b> Mini Egg &amp; Cheese Sandwich</p> <p>Cuban Sandwich Sweet Potato Puffs Fresh Broccoli Cantaloupe Slices Ice Cold Milk</p>
<p><b>22</b> Apple Cinnamon Toast</p> <p>Chicken Tenders Carrots w/ Hummus Green Beans Fresh Apple Cheese Crackers Ice Cold Milk</p>	<p><b>23</b> Turkey Bacon Breakfast Boat</p> <p>Turkey Burger on a Bun Potato Smiles Cucumbers Mixed Fruit Ice Cold Milk</p>	<p><b>24</b> Cinni Minis</p> <p><b>Sack Lunch</b> Tortilla Scoops Cheese Cup &amp; Salsa Carrot Sticks Fresh Apple Goldfish Grahams Ice Cold Milk</p> <p style="text-align: right;">1/2 day</p>	<p><b>25</b> Scrambled Eggs Banana Muffin</p> <p><b>Sack Lunch</b> Jenni-O Turkey Stick Cheese Cubes Red Pepper Hummus Fresh Broccoli &amp; Pear Cheez-It Crackers Ice Cold Milk</p> <p style="text-align: right;">1/2 day</p>	<p><b>26</b> Pancake Wrap</p> <p><b>Sack Lunch</b> Sunbutter Sandwich Cheese Stick Carrot Sticks &amp; Veggie Juice Peaches Cheddar Goldfish Ice Cold Milk</p> <p style="text-align: right;">1/2 day</p>

## MUNCHERS - Check with your school cook for ordering details

**Breakfast:** Cereal, string cheese & yogurt as a choice, Fruit Selections (raisins, apples, oranges, bananas & peaches), 100% Fruit Juice & Ice Cold Milk (skim milk, 1% white or chocolate).

**Grades 6-12** have additional options: Graham Crackers, Cereal, Yogurt or Cheese Stick.

**Lunch: Munchers & Sunbutter Sandwiches** available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

**Monday**—Sunbutter Muncher (Sunbutter Sandwich, Mini Cheese Cubes, Carrots w/Ranch, Goldfish Crackers & Diced Peaches)

**Tuesday** - Grab & Go Breakfast for Lunch (Pillsbury Mini Pancakes, Snack Mix, Yogurt, Broccoli w/Ranch & Apple)

**Wednesday** - Jennie-O Turkey Muncher (Turkey Stick, Hummus, Carrots, Pizza Crackers, Soft Pretzel & Corn Salad)

**Thursday** - Fiesta Grab and Go (Tortilla Chips, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Fruit)

**Friday** - Yogurt Muncher (Maple Grahams, Yogurt, Sunflower Spread, Celery, Crunchy Pretzels & Raisins or Craisins)

Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.

- Salad bars available in K-8 & K-12 schools

- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: [www.grpublicschools.org/nutrition](http://www.grpublicschools.org/nutrition) or use the QR code on the front of this menu.

**\* Menu Item Contains Pork**

